

Swami Rama Himalayan University

Swami Ram Nagar, Jolly Grant

Doiwala-Dehradun

State Name: Uttarakhand

Discipline: Consultancy Projects

Title of Consultancy of project : DMT Disability Project
Client Organization : Dhyana Mandiram Trust and AHYMSIN Rishikesh
Name of faculty (Chief Consultant) : Ms. Neelam Pandey

Date of Amount Received	Details of the Payment Received (Receipt/Invoice Number)	Amount received (in Rupees)
08-Jun-24	Cheq No. 444908	₹5,00,000
	Total	₹5,00,000

17th June, 2024

To,

The Accounts Department
Himalayan Institute Hospital Trust,
Swami Ram Nagar, Dehradun,
Uttarakhand.

Sub: DMT/AHYMSIN project extension (July- Dec 2024).

Dear Sir,

The DMT/AHYMSIN project has been extended from 1 July 2024 – 31st December 2024. The Proposal and Budget are attached for your reference.

Also, please find enclosed a Cheque (No. 444908) of Rs. 500000/- for the project.

Thanks and regards,


Dr. Rajeev Bijalwan,
Deputy Director - RDI

SAKSHAM

(Special Program for People with Disabilities)

Overview

Disability and its interconnections with inclusive health, education, self-sustainability, and well-being are rarely comprehensively addressed within a unified framework. While various programs focus on clinical and rehabilitation aspects of disability, significant gaps persist in providing access to acute care, clinical support, physicians, imaging centers, and other essential healthcare services for people with disabilities. A situation analysis conducted by RDI revealed that 26% of individuals with disabilities belonged to the age group of 11-20, 14% were in the age group of 41-50, and only 2% were in the age group of 0-5 years. This distribution suggests that while efforts to prevent congenital disabilities have seen some success, there is still a pressing need to address acquired disabilities and the complications arising from aging.

The baseline survey highlighted several critical statistics: 62% of the surveyed population with disabilities stayed at home, 32% had received Government-approved Certificates for Disability and 26% had access to social pension schemes. Additionally, key future needs were identified in the survey, with 40% of respondents emphasizing the need for access to health and medical services. Assistive devices were available to only 19% of the population, and 40.1% of those using assistive devices reported experiencing problems with their use. Another crucial aspect of rehabilitation for people with disabilities is the role of family members or caregivers. Parents and caregivers are often deeply involved in supporting the daily activities of their children with disabilities, regardless of the complexity of these tasks. It is essential to review this dynamic in the context of the overall health and well-being of caregivers, considering the substantial impact a child's disability can have on them.

The current project will focus on direct benefits to people with disability in all age groups especially focused on women and adolescents. The key components of the program are as follows:

1. Learning Disability Clinics

The Learning Disability Clinics will focus on four components such as screening, referral, investigation and rehabilitation. This clinic will be run by Departments of Pediatrics, Neuroscience, Psychiatry, ENT, Ophthalmology and Orthopedics. These departments will serve under one umbrella and provide services on the selected day of the week.

2. Certification and other social security services

Under this activity, the poor and marginalized society of people with disability will be screened and provided assistance services to get disability certificates, pensions, and other benefits including UDID cards etc.

3. Empowering people with disability

This activity will support people with disabilities as an individual and groups for any entrepreneurial initiatives. In such activities, project will support their existing work, business or any income generating activity such as fruits and vegetable carts, small shops, dairy, barber shops, tailoring shops etc.

Simultaneously this activity will link people with disabilities with the National Career Service Centre for their sustainable employment.

Sensitization and advocacy

A special program will be organized on 3rd December on International Disability Day for the sensitization of providers, stakeholders and the community on various issues of people with disability. The series of training and capacity-building programs will also be organized for providers, community volunteers, stakeholders and people with disabilities.

Education support

Marginalized students will be provided with special scholarships based on their actual needs.

Budget					
1 July 2024 - 31 Dec 2024					
SN	Key activities	Description	No of Unit	Unit Cost	Budget
1	Learning Disability Clinics				
1.1	Monthly Support through camps by Physiotherapy/Ophthalmology/Hearing & Speech Dept. ADL and Early screening training for primary providers, caregivers and parents (LD Clinic & Test)	Learning Clinics, Test and Support	6	13000	78000
		Training of school teachers on screening and management of Learning disability (Class 1-8)	6	700	4200
1.2	Medical treatment	For special cases	2	3,000	6000
	Subtotal				88,200
2	Certification and other social security services				
2.1	Disability Certificate & Social benefits schemes such as Pension etc.	Liaisoning and, screening & Distribution.	15	1000	15000
2.2	Assistive Device Distribution	Gathering data, Screening & Distribution	15	5000	75000
	Sub Total				90,000
3	Empowering people with disability				
3.1	Seed Money and support individual and group	Identification and Support	5	10000	50000
3.2	Skill Trainings	Identification and Support	2	3000	6000
	Sub Total				56,000
4	Sensitization, advocacy and Training				
4.1	Celebration International Disability Day	A Get-Together program at field level for 40 Person	1	10,000	10000
4.2	D&ID, ADL and Early screening training for primary providers, caregivers and parents.	Training (2 sessions)	1	9000	9000
4.3	Inclusive MHM	Sanitary pad distribution to PWDs girls & women	1	3000	3000
4.4	Formulation of cooperative and training of people with disability		1	59,800	59800

	Sub Total				81,800
5	Educational Support				
5.1	Scholarship Support	Gathering data, Screening & Support	10	5000	50,000
	Sub Total				50,000
6	Project Overhead				
6.1	Travel Cost	Rs. 20000	6	20,000	120,000
6.2	Stationery	Rs. 5000	1	5000	5,000
6.3	Miscellaneous	Rs. 8800	6	1500	9,000
	Sub Total				134,000
	Grand Total				500,000

[Handwritten Signature]
17/6/24

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