



**Himalayan College of Nursing
Swami Rama Himalayan University
Jolly Grant, Dehradun**

Date: 29th January, 2026

NOTICE

WORKSHOP ON BASIC LIFE SUPPORT

Adult Health Nursing Department, Himalayan College of Nursing is organizing BLS workshop on Basic Life Support for BSc Nursing 3rd year students from 31st January to 3rd February, 2026 from 9am to 4:30pm at Skill and Simulation lab. All the students are requested to attend the workshop.

A handwritten signature in blue ink that reads 'Prakash'.

Dr. Kamli Prakash
HOD, Adult Health Nursing Department
HCN, SRHU

A handwritten signature in blue ink that appears to be 'Chowdhury'.

Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016



**Himalayan College of Nursing
Swami Rama Himalayan University
Jolly Grant, Dehradun**

REPORT ON BASIC LIFE SUPPORT (BLS) WORKSHOP

Organized by: Adult Health Nursing Department

Dates: 31st January, 2nd February & 3rd February 2026

Participants: B.Sc. Nursing 3rd Semester

Number of Participants: 189

Adult Health Nursing department of Himalayan College of Nursing organized a Basic Life Support workshop for the students of B.Sc Nursing 3rd semester. A total of 189 students actively participated in the training programme. The workshop was conducted with the objective of enhancing students' knowledge and practical skills in Cardiopulmonary Resuscitation (CPR) and emergency response techniques.

The workshop commenced with an introductory session by Dr. Rajesh Sharma, who briefly explained the essential aspects of Cardiopulmonary Resuscitation (CPR), its importance in emergency situations, and the latest guidelines in Basic Life Support.

The BLS workshop was conducted by certified instructors- Mrs. Priya JPN, Ms. Preeti Prabha, Mrs. Sandhya V. Chacko, Mr. Suresh Vinayak, and Mr. Ankit Singh

The instructors demonstrated the correct techniques of Adult CPR, Infant CPR, Adult choking management, Infant choking management.

Following the demonstration, students were given hands-on practice sessions under the supervision of instructors. Each participant was provided the opportunity to perform CPR on adult and infant mannequins and practice choking management techniques to ensure skill competency and confidence in handling real-life emergencies.

The workshop was highly interactive and skill-oriented, enabling students to develop prompt decision-making abilities and practical competence in life-saving procedures. The training concluded successfully with active participation and enthusiasm from the students.

The BLS workshop significantly strengthened the clinical preparedness of B.Sc. Nursing 3rd Semester students and reinforced the importance of immediate and effective response during cardiac and respiratory emergencies.



Dr. Rajesh Sharma, addressing the students regarding cardiopulmonary resuscitation.



Instructors showing demonstrations to the students



Students practicing cardiopulmonary resuscitation

Ajhatt
Coordinator

Rakash
HOD Adult Health Nursing Department

Chauhan
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Himalayan College of Nursing
Swami Rama Himalayan University
Basic B.sc. Nursing IIIrd Semester (Batch 2024)
BLS Module Attendance Sheet

Date: 31/01/2026

Sr.No	Student Name	Registration No	Signature
1	Kanchan Panwar	DD241103301077	
2	Kanika Pal	DD241103301079	
3	Khushbu	DD241103301080	
4	Khushi Bhardwaj	DD241103301081	
5	Khushi Manwal	DD241103301082	
6	Khushi Saini	DD241103301083	
7	Khushi Rawat	DD241103301084	
8	Kirti Chauhan	DD241103301085	
9	Komal Arya	DD241103301086	
10	Komal Chauhan	DD241103301087	
11	Komal Negi	DD241103301088	
12	Krish Bhatt	DD241103301089	
13	Krish Kumar	DD241103301090	
14	Krishna Bahuguna	DD241103301091	
15	Kriti Tyagi	DD241103301092	
16	Mahak	DD241103301093	
17	Mahak Choudhary	DD241103301094	
18	Mahak Negi	DD241103301095	
19	Mahima	DD241103301096	
20	Sahil Saharan	DD241103301137	
21	Sahitya Semwal	DD241103301138	
22	Saina Jaiswal	DD241103301139	
23	Sakshi Rawat	DD241103301140	
24	Sameeksha Pokhriyal	DD241103301141	
25	Samridhi Bijalwan	DD241103301142	
26	Sanika Chandu	DD241103301143	
27	Saniya	DD241103301144	
28	Saniya Kaif	DD241103301145	
29	Sanjana Kumari	DD241103301146	
30	Sanjana Solanki	DD241103301147	
31	Sarika Rawat	DD241103301148	
32	Shagun	DD241103301149	
33	Shaurya Thakur	DD241103301150	
34	Shivam Chaudhary	DD241103301151	
35	Shivam Singh Krishali	DD241103301152	
36	Shreya Rawat	DD241103301153	
37	Shreya Sharma	DD241103301154	
38	Shristi Rauthan	DD241103301155	
39	Shristi Sundriyal	DD241103301156	
40	Shubham Bind	DD241103301157	

Module Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Basic B.sc. Nursing IIIrd Semester (Batch 2024)
BLS Module Attendance Sheet

Date: 31/01/2026

Sr.No	Student Name	Registration No	Signature
1	Shubham Kumar	DD241103301158	Shubham
2	Shubham Pundir	DD241103301159	Shubham
3	Shubhangi Rawat	DD241103301160	Shubh
4	Simran	DD241103301161	Simran
5	Simran Kaur	DD241103301162	Simran
6	Simran Negi	DD241103301163	Simran
7	Simreet Kaur	DD241103301164	Simreet
8	Smriti Sharma	DD241103301165	Smriti
9	Srishti Dimri	DD241103301166	Srishti
10	Suchitra Pal	DD241103301167	Suchitra
11	Suhani	DD241103301168	Suhani
12	Suhani	DD241103301169	Suhani
13	Suhani Payal	DD241103301170	Suhani
14	Suhani Rawat	DD241103301171	Suhani
15	Suraj Koli	DD241103301172	Suraj
16	Suraj Rawat	DD241103301173	Suraj
17	Suvika Rawat	DD241103301175	Suvika
18	Swati Kandwal	DD241103301176	Swati Kandwal
19	Tanisha Rawat	DD241103301177	Tanisha
20	Tanisha Rawat	DD241103301178	Tanisha
21	Tanishk Badola	DD241103301179	Tanishk
22	Tanishq Rawat	DD241103301180	Tanishq
23	Tanwi Negi	DD241103301181	Tanwi
24	Tenzin Jamyang	DD241103301182	Tenzin
25	Tenzing	DD241103301183	Tenzing
26	Trisha	DD241103301184	Trisha
27	Urvashi Rawat	DD241103301185	Urvashi
28	Vaibhavi Thapliyal	DD241103301186	Vaibhavi
29	Vandana Shah	DD241103301187	Vandana
30	Vanshika Negi	DD241103301188	Vanshika
31	Vanshika Pal	DD241103301189	Vanshika Pal
32	Yashasvi Narwal	DD241103301190	Yashasvi
33	Aman Bhatt	DD231103301012	Aman
34	Ayush Bhatt	DD231103301027	Ayush


Module Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Basic B.sc. Nursing IIIrd Semester (Batch 2024)
BLS Module Attendance Sheet

Date: 02/02/2026

Sr.No	Student Name	Registration No	Signature
1	Arpita Rayal	DD241103301041	Arpita
2	Arti Negi	DD241103301042	Arti
3	Ashish Kumar Naidu	DD241103301043	Ashish
4	Ashish Rawat	DD241103301044	Ashish
5	Ashita Raikwal	DD241103301045	Ashita
6	Atul Rayal	DD241103301046	Atul
7	Avanish Kumar	DD241103301047	Avanish
8	Ayush Gaur	DD241103301048	Ayush
9	Ayush Nautiyal	DD241103301049	Ayush
10	Ayushi	DD241103301050	Ayushi
11	Ayushi	DD241103301051	Ayushi
12	Ayushi Rawat	DD241103301052	Ayushi
13	Ayushi Uniyal	DD241103301053	Ayushi
14	Bhoomi Kukreti	DD241103301055	Bhoomi
15	Bhumi Negi	DD241103301056	Bhumi
16	Deepika	DD241103301057	Deepika
17	Diksha Rawat	DD241103301058	Diksha
18	Divya	DD241103301059	Divya
19	Divyanshi Joshi	DD241103301060	Divyanshi
20	Divyanshu Negi	DD241103301061	Divyanshu
21	Diya Tiwari	DD241103301062	Diya
22	Ekta	DD241103301063	Ekta
23	Gayatri Panwar	DD241103301064	Gayatri
24	Gunjan Bisht	DD241103301065	Gunjan
25	Harshita	DD241103301066	Harshita
26	Harshpreet Kaur	DD241103301067	Harshpreet
27	Harshpreet Kaur	DD241103301068	Harshpreet
28	Ishika Topwal	DD241103301069	Ishika
29	Ishita Joshi	DD241103301070	Ishita
30	Japneet Kaur	DD241103301071	Japneet
31	Jeeya	DD241103301072	Jeeya
32	Jyoti Chandra	DD241103301073	Jyoti
33	Kajal Chauhan	DD241103301074	Kajal
34	Kalpna Ramola	DD241103301075	Kalpna
35	Kanchan	DD241103301076	Kanchan

Affalt
Module Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Basic B.sc. Nursing IIIrd Semester (Batch 2024)
BLS Module Attendance Sheet

Date: 02/02/2026

Sr.No	Student Name	Registration No	Signature
1	Aaisha Negi	DD241103301001	Aaisha
2	Aakriti Pandey	DD241103301002	Aakriti
3	Aakriti Yadav	DD241103301003	Aakriti yadav
4	Aanchal	DD241103301004	Aanchal
5	Aanchal Negi	DD241103301005	Aanchal Negi
6	Aastha Singh	DD241103301006	Aastha
7	Abhishek Jacob	DD241103301007	Abhishek
8	Abhishek Naugain	DD241103301008	Abhishek
9	Abhishek Sajwan	DD241103301009	Abhishek
10	Aditi Bhatt	DD241103301010	Aditi
11	Aditi Kukreti	DD241103301011	Aditi
12	Aditi Maindoliya	DD241103301012	Aditi
13	Aditi Rana	DD241103301013	Aditi
14	Adwitya Bhainsora	DD241103301014	Adwitya
15	Akhil Bisht	DD241103301015	Akhil
16	Akshita Devrani	DD241103301016	Akshita
17	Akshita Ghosh	DD241103301017	Akshita
18	Amisha Kukreti	DD241103301018	Amisha
19	Anisha Bhandari	DD241103301019	Anisha
20	Anita Jaguri	DD241103301020	Anita
21	Anjali	DD241103301021	Anjali
22	Anjali Negi	DD241103301022	Anjali
23	Anjani Dhasmana	DD241103301023	Anjani
24	Ankit Kumar	DD241103301024	Ankit
25	Ankita Rana	DD241103301025	Ankita
26	Anshika Dhiman	DD241103301026	Anshika
27	Anshika Jethuri	DD241103301027	Anshika
28	Anshika Sharma	DD241103301028	Anshika
29	Anshuman Negi	DD241103301029	Anshuman
30	Anubhuti Singh	DD241103301030	Anubhuti
31	Anurag Bhatt	DD241103301031	Anurag
32	Anurag Gwari	DD241103301032	Anurag Gwari
33	Anurag Sharma	DD241103301033	Anurag
34	Anusha Thapa	DD241103301034	Anusha
35	Anushka Dhiman	DD241103301035	Anushka
36	Anushka Negi	DD241103301036	Anushka
37	Anushka Sharma	DD241103301037	Anushka
38	Aradhana Mamgain	DD241103301038	Aradhana
39	Archit Dobhal	DD241103301039	Archit
40	Arpita	DD241103301040	Arpita

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Module Coordinator

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BLS Module Attendance Sheet

Date: 02/02/2026

Sr.No	Student Name	Registration No	Signature
1	Manan Chamoli	DD241103301097	Manan
2	Manasvi Ghildiyal	DD241103301098	Manasvi
3	Manpreet Singh	DD241103301099	Manpreet
4	Mansi Adhikari	DD241103301100	Mansi
5	Manvi Negi	DD241103301101	Manvi
6	Manvi Rawat	DD241103301102	Manvi
7	Mayank Chaudhary	DD241103301103	Mayank
8	Mayur Sitoni	DD241103301104	Mayur
9	Mohit Joshi	DD241103301105	Mohit
10	Muhammed Arsh	DD241103301106	Muhammed
11	Muskan Aswal	DD241103301107	Muskan
12	Nandani Bagri	DD241103301108	Nandani
13	Nandini	DD241103301109	Nandini
14	Nidhi Rani	DD241103301110	Nidhi
15	Nihal Singh Pal	DD241103301111	Nihal
16	Nikita	DD241103301112	Nikita
17	Nisha	DD241103301113	Nisha
18	Niti Panwar	DD241103301114	Niti
19	Niyati Kothiyal	DD241103301115	Niyati
20	Ojasvi Dwivedi	DD241103301116	Ojasvi
21	Om Tripathi	DD241103301117	Om
22	Palak	DD241103301118	Palak
23	Paras Rawat	DD241103301119	Paras
24	Parisha Lingwal	DD241103301120	Parisha
25	Pooja Kalura	DD241103301121	Pooja
26	Poonam Rawat	DD241103301122	Poonam
27	Prachi Paliyal	DD241103301123	Prachi
28	Prashant Kumar	DD241103301124	Prashant
29	Prathana Chandola	DD241103301125	Prathana
30	Praveen	DD241103301126	Praveen
31	Priyanshi Uniyal	DD241103301127	Priyanshi
32	Priyanshu Malasi	DD241103301128	Priyanshu
33	Priyanshu Negi	DD241103301129	Priyanshu
34	Ravinder Bahuguna	DD241103301130	Ravinder
35	Rihan	DD241103301131	Rihan
36	Rishabh Barthwal	DD241103301132	Rishabh
37	Rishabh Binjola	DD241103301133	Rishabh
38	Ritesh Manwal	DD241103301134	Ritesh
39	Riya Negi	DD241103301135	Riya
40	Sahil Rawat	DD241103301136	Sahil

[Signature]
Module Coordinator



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Himalayan College of Nursing

Basic Life Support MODULE



Department:- Adult Health Nursing
Beneficiaries:- BSc Nursing 3rd Semester
Date:- 31st January to 3rd February 2026
Venue:- Skill and Simulation Lab