



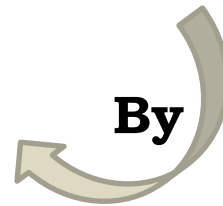
Himalayan College of Nursing Swami Rama Himalayan University



Competitive Examination Preparation



Mr. Jayant A. Gideon
Registered Mental Health Nurse
Greater Manchester Mental Health Trust,
United Kingdom (UK)



By
OVERSEAS
EXPERIENCE

Date: November 27, 2023

Time: 10 AM onwards

**Venue: Mother Teresa Auditorium,
Himalayan College of Nursing, SRHU**

**HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY
JOLLY GRANT, DEHRADUN**

AspireGrad Network

REPORT ON COMPETITIVE EXAMINATION PREPARATION

Name of Activity: Competitive Examination Preparation

Date: 27 November, 2023

Facilitators: Dr. Vandana Chauhan and Ms. Preeti Prabha

Time: 10 to 11 am

Venue: Mother Teresa Auditorium, HCN

Number of Students: 144

AspireGrad Network in Collaboration with Himalayan College of Nursing organized an enriching session on competitive examination preparation for the undergraduate students on 27 November, 2023, aimed at sharing overseas experience with undergraduate students. The speaker was Mr. Jayant Gideon working as Registered Mental Health Nurse, Greater Manchester Mental Health Trust, United Kingdom (UK).

Session was featured esteemed alumni who had pursued successful career in abroad, offering invaluable insights into international work environment, cultural adaptation, and the opportunities and challenges of living and working overseas. The alumni shared his personal journey, discussing the skills and strategies that helped them thrive in foreign job markets, and highlighted the importance of global exposure in today's interconnected world. The session also provided students with practical advice on pursuing international career opportunities, networking globally, and overcoming challenges related to working in diverse cultural settings. The event was well-received, leaving students inspired and better informed about the possibilities of building a global career.



Figure 3 &4: Students interacting with students



Figure 5: Group Photograph with Alumni

[Handwritten signatures]
Activity Coordinators

[Handwritten signature]
27/11/2024
Principal

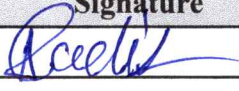

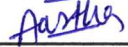







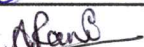
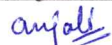
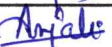
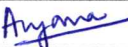
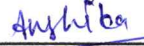
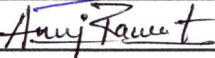
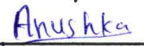
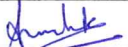


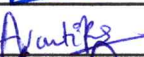


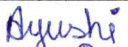
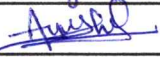
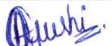
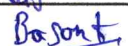
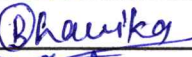



Himalayan College of Nursing

Swami Rama Himalayan University

Attendance of B.Sc. Nursing Vth Semester for Alumni Talk

Date: November 27, 2024

Venue: Mother Teresa Auditorium

Sl. No.	Registration No.	Name of Student	Signature
1	DD22113301001	Aadil	
2	DD22113301002	Aaisha	
3	DD22113301003	Aastha Rawat	
4	DD22113301004	Abdul Atif	ABSENT
5	DD22113301005	Aditi	
6	DD22113301006	Aditya Pandey	
7	DD22113301007	Aditya Singh	
8	DD22113301008	Aditya Yadav	
9	DD22113301009	Ambika	ABSENT
10	DD22113301010	Ambika Chauhan	
11	DD22113301011	Anamika	
12	DD22113301012	Anamika Barthwal	
13	DD22113301013	Anchal Rani	
14	DD22113301014	Anjali Rawat	
15	DD22113301015	Anjali Sajwan	
16	DD22113301016	Anjana Rawat	
17	DD22113301017	Anshika Sindhwal	
18	DD22113301018	Anuj Rawat	
19	DD22113301019	Anushka Bisht	
20	DD22113301020	Anushka Painuly	
21	DD22113301021	Asmita Semwal	
22	DD221133010DD22	Astha Gupta	
23	DD22113301023	Avantika Tiwari	
24	DD22113301024	Ayush Rawat	
25	DD22113301025	Ayush Singh	
26	DD22113301026	Ayushi	
27	DD22113301027	Ayushi	
28	DD22113301028	Ayushi Chauhan	
29	DD22113301029	Basant	
30	DD22113301030	Bhavika Dhama	
31	DD22113301031	Deepanshu Sharma	
32	DD22113301032	Deepesh Rawat	
33	DD22113301033	Deepika	

Sl. No.	Registration No.	Name of Student	Signature
34	DD22113301034	Devesh Badoni	Devesh
35	DD22113301036	Divya	Divya
36	DD22113301037	Divya Pant	Divya
37	DD22113301038	Diya Pant	Diya
38	DD22113301039	Gagan Kumar	Gagan
39	DD22113301040	Gurpreet Kaur Saini	Gurpreet
40	DD22113301041	Harkomalpreet Kaur	Harkomalpreet Kaur
41	DD22113301042	Harshit Kaintura	Harshit
42	DD22113301043	Harshita	Harshita
43	DD22113301044	Himanshu Jain	Himanshu
44	DD22113301045	Himanshu Tomar	Himanshu Tomar
45	DD22113301046	Isha Chauhan	ABSENT
46	DD22113301047	Ishita Krishali	Ishita
47	DD22113301048	Jaya	Jaya
48	DD22113301049	Jeba Anjum	Jeba
49	DD22113301050	Jiya Chauhan	Jiya
50	DD22113301051	Joel Thomas	Joel
51	DD22113301052	Kajal Nautiyal	Kajal Nautiyal
52	DD22113301053	Kajal Rana	Kajal
53	DD22113301054	Kajal Yadav	Kajal
54	DD22113301055	Kanika Barthwal	Kanika
55	DD22113301056	Keshav Joshi	Keshav
56	DD22113301057	Khushi	Khushi
57	DD22113301058	Km. Taniya Singh	Taniya
58	DD22113301059	Kritika Thakur	Kritika
59	DD22113301060	Mahek Panwar	Mahek
60	DD22113301061	Mahika Kandari	Mahika
61	DD22113301062	Mandeep Kumar	ABSENT
62	DD22113301063	Maneesha	Maneesha
63	DD22113301064	Manisha Negi	Manisha
64	DD22113301065	Manpreet Saini	Manpreet
65	DD22113301066	Mansi	Mansi
66	DD22113301067	Mansi Rawat	Mansi
67	DD22113301068	Meenakshi Malik	Meenakshi
68	DD22113301069	Megha Rai	Megha Rai
69	DD22113301070	Mohammad Faiz	Faiz
70	DD22113301071	Mohammad Suhel	Suhel

Himalayan College of Nursing
Swami Rama Himalayan University
Attendance Sheet of Alumni Talk

Date: 27.11.2024

Venue: Mother Teresa
Auditorium

S.No.	Registration No	Student's Name	Signature
1	DD22113301044	Himanshu Jain	<u>Himanshu</u>
2	DD22113301075	Naina Dabliyal	<u>Naina</u>
3	DD22113301021	Asmita Semwal	<u>Asmita</u>
4	DD22113301097	Rashi Kumari	<u>Rashi</u>
5	DD22113301138	Tulsi Bokadia	<u>Tulsi</u>
6	DD22113301135	Tanisha	<u>Tanisha</u>
7	DD22113301068	Megha Rai	<u>Megha Rai</u>
8	DD22113301067	Meenakshi	<u>Meenakshi</u>
9	DD22113301142	Vanshika	<u>Vanshika</u>
10	DD22113301143	Verka	<u>Verka</u>
11	DD22113301140	Utkarsh Pal	<u>Utkarsh</u>
12	DD22113301095	Rahul	<u>Rahul</u>
13	DD22113301081	Om Jeshi	<u>Om Jeshi</u>
14	DD22113301047	Ishita Krishali	<u>Ishita</u>
15	DD22113301098	Priyanka Binjala	<u>Priyanka</u>
16	DD22113301096	Rashi	<u>Rashi</u>
17	DD22113301029	Basant	<u>Basant</u>
18	DD22113301141	Vaibhav	<u>Vaibhav</u>
19	DD22113301080	Nikita Pansoor	<u>Nikita</u>
20	DD22113301025	Ayush Dyls	<u>Ayush</u>
21	DD22113301051	Joel Thomas	<u>Joel</u>
22	DD22113301073	Naved Ansonic	<u>Naved</u>
23	DD22113301077	Nikhil Dhomediya	<u>Nikhil</u>
24	DD22113301134	Tamanna Maithani	<u>Tamanna</u>
25	DD22113301121	Shreesti Aswal	<u>Shreesti</u>
26	DD22113301105	Saloni Uniyal	<u>Saloni</u>
27	DD22113301069	Manpreet Saini	<u>Manpreet</u>
28	DD22113301078	Nikita	<u>Nikita</u>
29	DD22113301079	Nikita Tiwari	<u>Nikita</u>
30	DD22113301050	Jiya Chauhan	<u>Jiya</u>

Sl. No.	Registration No.	Name of Student	Signature
71	DD22113301072	Mohd Zeeshan	
72	DD22113301073	Monika Gurung	
73	DD22113301074	Muhammed Arsh	
74	DD22113301075	Muskan	ABSENT
75	DD22113301076	Naina Doblial	
76	DD22113301077	Naved Ansarie	
77	DD22113301078	Nikhil Dhoundiyal	
78	DD22113301079	Nikita	
79	DD22113301080	Nikita	
80	DD22113301081	Nikita Panwar	
81	DD22113301082	Om Joshi	
82	DD22113301083	Parul Pal	ABSENT
83	DD22113301084	Pavani Negi	
84	DD22113301085	Payal	ABSENT
85	DD22113301086	Payal	
86	DD22113301087	Pooja Rana	ABSENT
87	DD22113301088	Prabuddh Dhyani	
88	DD22113301089	Prachi Singh	
89	DD22113301090	Pratiksha Pant	
90	DD22113301091	Priyanka	
91	DD22113301092	Priyanka Binjola	
92	DD22113301093	Priyanka Negi	
93	DD22113301094	Priyanshu Negi	
94	DD22113301095	Priyanshu Singh	
95	DD22113301096	Rahul	
96	DD22113301097	Rashi	
97	DD22113301098	Rashi Kumari	
98	DD22113301099	Rekha	
99	DD22113301100	Reshav Ramola	
100	DD22113301101	Riya	
101	DD22113301102	Sakshi Baluni	
102	DD22113301103	Sakshi Rawat	
103	DD22113301104	Sakshi Rawat	
104	DD22113301105	Saloni	
105	DD22113301106	Saloni Uniyal	
106	DD22113301107	Samiksha Raturi	
107	DD22113301108	Sanchit Jhaldiyal	

Sl. No.	Registration No.	Name of Student	Signature
108	DD22113301109	Saniya Ansari	
109	DD22113301110	Sanskriti Gurung	
110	DD22113301111	Sarika	ABSENT
111	DD22113301112	Shaifali Kotnala	
112	DD22113301113	Shaurya Massey	
113	DD22113301114	Shivangi Bisht	
114	DD22113301115	Shivani Rana	
115	DD22113301116	Shivanshi Uniyal	
116	DD22113301117	Shivanshu Rana	
117	DD22113301118	Shiwani Rawat	
118	DD22113301119	Shobhit Khandelwal	
119	DD22113301120	Shreya Bhushan	
120	DD22113301121	Shreya Pal	
121	DD22113301122	Shristi Aswal	
122	DD22113301123	Shubham Negi	
123	DD22113301124	Shubham Singh	
124	DD22113301125	Sikha Rawat	
125	DD22113301126	Simran	
126	DD22113301127	Simran Saxena	
127	DD22113301128	Smriti Dhyani	
128	DD22113301129	Sneha Rawat	
129	DD22113301130	Som Badola	
130	DD22113301131	Sonali Negi	
131	DD22113301132	Suhani Pundir	
132	DD22113301133	Sumoli Gunsola	
133	DD22113301134	Suryansh Chamoli	ABSENT
134	DD22113301135	Tamanna Naithani	
135	DD22113301136	Tanisha Rawat	
136	DD22113301137	Tsering Yangchen	
137	DD22113301138	Tulsi Bokadia	
138	DD22113301139	Unnati Saxena	
139	DD22113301140	Uttkarsh Pal	
140	DD22113301141	Vaibhav Kabadwal	
141	DD22113301142	Vanshika	
142	DD22113301143	Versha Rani	
143	DD22113301144	Vishal Pal	
144	DD22113301145	Vivek Kumar Prajapati	