



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Department of Ophthalmology Himalayan Institute of Medical Sciences

Report on Sight Care Camps in Uttarkashi District at PHC Mori, Purola, CHC Barkot, Uttarkashi

Organized by: *Department of Ophthalmology, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)*

Overview

The Department of Ophthalmology conducted a series of Sight Care Camps across multiple locations in District Uttarkashi, including Barkot, Mori, Purola, and associated Primary and Community Health Centres.

These programs aimed to provide vision screening, promote eye-health awareness, and identify individuals with visual impairments requiring further ophthalmic evaluation.

The camps were held between **June 2024 and May 2025**, with student participation in each activity.

Summary of Sight Care Camps

Place	Date	No. of Participants
Sight Care Camp at Barkot, Uttarkashi	05 Dec 2024	2
Sight Care Camp at Barkot, Uttarkashi	05 Feb 2025	2
Sight Care Camp at Mori, Uttarkashi	03 Dec 2024	1
Sight Care Camp at PHC Mori, Uttarkashi	03 Mar 2025	2
Sight Care Camp at Purola, Uttarkashi	04 Feb 2025	2
Sight Care Camp at Barkot, Uttarkashi	08 May 2025	2
Sight Care Camp at Barkot, Uttarkashi	05 Jul 2024	1
Sight Care Camp at Barkot, Uttarkashi	05 Nov 2024	1
Sight Care Camp at Barkot, Uttarkashi	03 Mar 2025	2
Sight Care Camp at CHC Barkot, Distt Uttarkashi	05 Jun 2024	1
Sight Care Camp at CHC Barkot, Distt Uttarkashi	05 May 2025	1
Sight Care Camp at CHC Barkot, Uttarkashi	05 Oct 2024	1
Sight Care Camp at CHC Mori, Distt Uttarkashi	03 May 2025	1
Sight Care Camp at Purola, Uttarkashi	04 Jun 2024	1
Sight Care Camp at Purola, Uttarkashi	04 Jul 2024	1
Sight Care Camp at Uttarkashi	03 Jun 2024	1

Objectives of the Sight Care Camps

- To provide free vision screening and basic ophthalmic assessment.
- To raise community awareness on eye hygiene and preventive eye care.
- To identify individuals with vision problems requiring referral to HIMS.
- To offer field-based learning opportunities for students.

Activities Conducted

Across all sites, the following activities were performed:

- Screening for refractive errors and common eye conditions.
- Vision assessment using standard tools (Snellen charts, torchlight examination).
- Counseling on eye care, protective measures, and treatment adherence.
- Referrals to Himalayan Hospital for further evaluation or surgical care.

Student Participation

Students assisted in:

- Registration and crowd management.
- Vision screening and recording findings.
- Community interaction and health education.

Their involvement strengthened practical skills and exposure to community ophthalmology.

Outcomes

- Numerous community members benefitted from free screening.
- Early detection of refractive issues and eye diseases.
- Strengthened community engagement in remote hill regions.
- Enhanced clinical and communication skills of participating students.

Conclusion

The Sight Care Camps conducted by the Department of Ophthalmology, HIMS, SRHU significantly contributed to eye health awareness and service delivery across Uttarkashi district.

Regular outreach initiatives like these help improve access to primary eye care in remote areas and support the university's commitment to community wellbeing.

Glimpse of the Event



“Participants availing the benefits of the Sight Care Camp.”



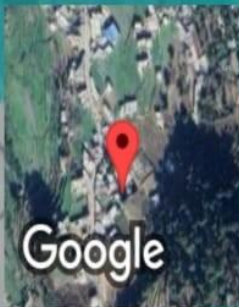
“Community members receiving eye care services during the Sight Care Camp.”



“Participants taking benefit of the Sight Care Camp.”



GPS Map Camera



Google

Kemar Patti, Uttarakhand, India

Fj6p+h6, Kemar Patti, Uttarakhand 249155,
India

Lat 30.462261° Long 78.63603°

25/03/2025 12:49 PM GMT +05:30

“Health, service, and learning at Kemar Patti”



“Serving with compassion — our students bringing healthcare to the community at Barkot Uttarakhand”



“Empowering vision, enriching lives — community members availing eye care services at the camp.”



“Local residents getting their eyes checked during the camp.”

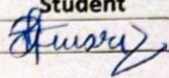
Dr Renu Dhasmana
Prof & Head
Department of Ophthalmology

Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun


**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Sight Care Camp**

List of students participated in the activity

Dated: 3 to 5 June 2024.

S. No.	Registration No.	Student's Name	Signature of Student
1.	2024353001	Dinganshi Timewari	
2.			
3.			
4.			
5.			

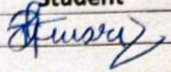
Coordinator


Dr. Harsh Bahadur
Regn.No. UKMC-2264

Dr. Harsh Bahadur
Professor
Department of Ophthalmology
Himalayan Institute Hospital Trust
Jolly Grant, Dehra Dun

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
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List of students participated in the activity**

Dated: 3 to 5 June 2024.

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Coordinator


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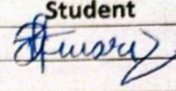
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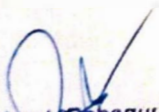
Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Sight Care Camp

List of Students participated in the activity 21/7/2024 to
5/7/2024

Dated

S. No	Registration No.	Student's Name	Signature of student
1	DD2024353001	Diyansh Tiwari	


Dr. Harsh Bahadur
Professor
Department of Ophthalmology
Himalayan Institute Hospital Trust
Jolly Grant, Dehra Dun


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Himalayan Institute of Medical Sciences

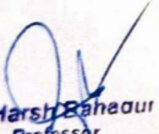
Activity: Sight Care Camp

List of Students participated in the activity 21/7/2024 ऋ

5/7/2024

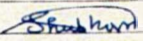
Dated

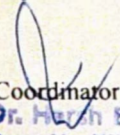
S. No	Registration No.	Student's Name	Signature of student
1	DD2024353001	Diyansh Tiwari	


Dr. Harsh Bahadur
Professor
Department of Ophthalmology
Himalayan Institute Hospital Trust
Jolly Grant, Dehra Dun

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Sight Care Camp
List of students participated In the activity

Dated: 05/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353003	Shubham Kumar	
2.			
3.			
4.			
5.			



Coordinator
Dr. Harsh Bahadur
Regn. No. UKM/C224/r

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Sight Care Camp

List of students participated in the activity

Dated: 5/11/24


S. No.	Registration No.	Student's Name	Signature of Student
1.	DD 2114353003	Shubham Kumar	
2.			
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn. No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Sight Care Camp
List of students participated in the activity

Dated: 08/12/24


S. No.	Registration No.	Student's Name	Signature of Student
1.	DD214353005	Uvesh	Uvesh
2.			
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn. No. UKMC-2263

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Sight Care Camp
List of students participated in the activity

Dated: 5/12/24.

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	Amisha
2.	DD2114252003	Shubha	Shubha
3.			
4.			
5.			


Coordinator
Dr. Hanu Bahadur
Regn.No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Sight Care Camp
List of students participated in the activity

Dated:

4/02/25 & 5/02/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DR114353005	Umesh Chaudhary	Umesh Chaudhary
2.	DR114353003	Shubhan Kumar	Shubhan
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn.No. UKMC-2264

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences**

**Activity: Sight Care Camp
List of students participated in the activity**

Dated:

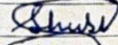
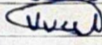
4/02/25 & 5/02/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD114353005	Umesh choudhary	Umesh choudhary
2.	DD114353003	Shubhan Kumar	Shubhan
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
regn.No. UKMC-2264

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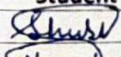
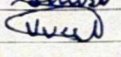
Dated: 03/03/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353003	Shubham	
2.	DD2114352005	Uvesh	
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn. No. UKMMS 2251

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Sight Care Camp
List of students participated In the activity

Dated: 03/03/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353003	Shubham	
2.	DD2114352005	Uvesh	
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn.No. UKMMS 2261

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Sight Care Camp


List of students participated in the activity

Dated: 31.08.2025 - to 05.05.2025

S. No.	Registration No.	Student's Name	Signature of Student
1.	002 114353005	Uvesh	Jvesh
2.			
3.			
4.			
5.			

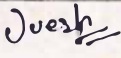
Coordinator





Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun

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Himalayan Institute of Medical Sciences
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Dated: 31.05.2025 - to 05.05.2025

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353005	Uvesh	
2.			
3.			
4.			
5.			

Coordinator 


Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun


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Dated: 8.5.25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353001	Priyanka	Priyanka
2.	DD2114353002	Smran	Smran
3.			
4.			
5.			

Coordinator




Dr. Renu Chasmana
Professor & Head
Department of Ophthalmology
HIMS, Behradun